

Spring / Summer 2011

Enjoy Family Events at the "New" Marina

Get ready for summertime fun in Des Moines, now that the largest renovation ever in the history of the Marina is complete. If you haven't stopped by to appreciate the beautiful new upgrades, get out and take a stroll along the lovely new promenade. Enjoy the added greenery and landscaping, comfy benches for enjoying the spectacular view, and the "compass rose" paver design that comes alive with a magical colored glow as evening falls.

After 14 months and a total of \$6.6 million, the Des Moines Marina now has the latest and best technology. The new metal portion of the bulkhead is rot-resistant and seismically superior. LED lights in the north parking lot cut down on light pollution with lower Illumination. Twenty new security cameras now guard the safety of boats in the moorage slips.

A wonderful new space has opened up that will allow exciting events like no other venue in the Puget Sound area! No marina in the region has the kind of area that Des Moines now has



available for waterfront festivals, car shows, concerts at the pier (something that even Seattle can no longer offer). Guest moorage for summer weekends is already filling up, with visiting yacht clubs coming to see a marina that is arguably the finest in Western Washington.

nere a	family will not want to miss!
June 4	Farmers Market (Saturdays June-October), 10am-2pm, S. Marina Park
June 4	Family Fun Day, 2pm, Beach Park
June 4	Washington's Strongest Apple Competition, 10am, Marina
July 4	Fireworks Over Des Moines, 10pm, Marina
July 22	Des Moines Classic BBQ, 7pm, Marina
July 23	Des Moines Classic Car & Wooden Boat Show, 10am-4pm, Marina
July 23	Waterland Parade, 6pm, Downtown Des Moines
July-August	Summer Concert Series (7/20,7/27,8/3,8/10), 7pm, Beach Park
July 30	Shakespeare in the Park, 7pm, Beach Park
August 6	Salmon Derby (Puget Sound Anglers) Early! Marina
August 13	Squidman Aquathon, 8:30am, Beach Park
August 27	Pet Festival 10am-3pm and Soggy Doggy Dash 2pm, Field House Pk.
September 4	Italian Concourse Show, Marina
September 10	Poverty Bay Blues & Brews, Beach Park
September 10	Poverty Bay Arts Festival, Downtown Marina District
October 29	Chili Cook Off, Noon, Marina

Here are some uncoming activities that you and your

What's inside:

City Council Highlights	2
Prescription Drug Disposal	
Marina District Zoning Proposal	
New Public Works Superintendent	
Surface Water Drainage Inventory	
Beach Naturalists in Des Moines	
Gateway Project Update	
Shoreline Master Program Adopted	6
Healthy Eating Active Living	
Shakespeare in the Park	
Diversity Desserts and Talent Show	7
Beach Park Restoration Delayed	8
Summer Jazz and Blues Series	
Poverty Bay Arts Festival	8
Special Events	
See reverse for Parks & Recreation Information	

City of Des Moines — City Currents

DES MOINES DIRECTORY

City Hall 21630 11th Avenue South

206-878-4595

Business Hours: Monday - Friday 8am - 4:30pm www.desmoineswa.gov

> **City Council** City Council meets 1st, 2nd and 4th Thursdays at 7:30 p.m. Bob Sheckler, Mayor Dave Kaplan, Mayor Pro Tem Melissa Musser Matt Pina Carmen Scott Dan Sherman Scott Thomasson

City Offices

City Attorney	206-870-6553
City Clerk	206-870-6519
City Manager	206-870-6541
Planning/Building	206-870-7576
Engineering	
Finance Director	
Marina	
Municipal Court	206-878-4597
Parks	
Police Department	
Public Works	
Recreation	
Senior Services	

Other Numbers

Emergency	911
Animal Control	206-870-6549
City Job Line	
Field House	206-870-6527
Fire (non-emergency)	253-839-6234
Library, Des Moines	
Library, Woodmont	
Police (non-emergency)	

Utilities and Services

Allied Waste	206-682-9735
Comcast	877-778-7008
Highline Water District	206-824-0375
Lakehaven Wtr/Sewer	253-941-1516
Midway Sewer District	206-824-4960
Puget Sound Energy	800-321-4123
Qwest	
SW Suburban Sewer	
Water District #54	206-878-7210

CALL BEFORE YOU DIG:

Utility Locates: 800-424-5555

Des Moines City Council



Bob Sheckler Mayor



Dave Kaplan Mayor Pro Tem

Carmen Scott

Councilmember







Dan Sherman Councilmember

Scott Thomasson Councilmember

City Council Highlights

Held the following public hearings:

Matt Pina

Councilmember

- Comcast Franchise
- 2011 Property Tax Levy Rate
- 2011 City of Des Moines Budget
- Amendments to Comprehensive Plan
- Shoreline Master Program
- Sign Code

Approved the following agreements/ bids/contracts:

- Approved a collective Bargaining Agreement between the City and the Police Management Association
- Approved deposit and withdrawal of investment funds in the Local Government Investment Pool (LGIP)
- Approved the Squidman Aquathon to be held at Des Moines Beach Park in August 2011
- Approved a contract for Energy Savings and Utility Improvements
- Accepted the Des Moines Gateway Design Project as complete
- Authorized the use of the Marina parking lot for the 7th Annual Poverty Bay Wine Festival
- Approved contracts for Auditorium Construction Administration Services and

Grandstand Project Architectural and Structural Services

- Approved Water District #54 **Comprehensive** Plan
- Approved Water District #54 construction project
- Approved the Budget for 2011
- · Approved the 2011 CIP and MCI Plan
- · Granted an easement for an emergency back-up generator on the Marina floor
- · Renewed Lease Agreement with Classic Yachts
- · Approved a contract with Matrix
- Consultants for a Police Needs Assessment · Approved a contract with Dick's Towing

Other Action Taken:

- · Approved a 5-year lease for copy machines with Copiers NW
- · Supported the Highline School District Proposition No. 1 Levy
- · Approved Intergovernmental Policies and Procedures
- Mayor appointed/reappointed members of Arts Commission and Human Services Advisory Committee
- · Approved Ord. 1495 regarding Mobile and Stationary Itinerant Business Licenses

Des Moines Police Prescription Drug Disposal Event April 30th

Saturday, April 30th, dispose of unused or expired prescriptions and over-the-counter solid medications, no questions asked, at Bartell Drugs, 21615 Pacific Highway So. 9am-1pm, or Bartell Drugs, 27055 Pacific Highway So. 2-6pm. For additional information, visit www.desmoineswa.gov/drugdisposal.



Marina District (Downtown) Planning

Planning for the Marina District is one of the top strategic objectives of the Des Moines City Council. Over the past 15 months, the City Council Finance and Economic Development Committee has been working hard to identify ways to revitalize the Marina District and accelerate positive change in the City. This work has been guided by the Vision and Mission adopted for the Marina District, as well as input from our citizens, the Marina District Stakeholder Group, and leaders in the business and development communities.

The Council intends to improve the economic health of the Marina District by focusing public investments in opportunity areas to create nodes of activity and stimulate economic investment; helping and providing incentives to develop economically viable projects; enhancing the identity of the Marina District through branding; and marketing our existing and future assets – Marina, Historic Beach Park, Des Moines Elementary School, the variety of shops, restaurants, and other businesses, Highline Community College, and interesting views.

These economic development goals seek to create a thriving business district that provides a variety of goods, services, activities and events for our community and visitors to enjoy.

A number of strategies have been identified to overcome development obstacles in the Marina District – these relate to traffic and parking, building heights and setbacks, development incentives and tools to spur economic investment, and provide more flexibility in the City's development regulations. With the help of the Marina District Stakeholder Group, who made recommendations on land use policies, development regulations and implementation strategies for the Marina District, and under the direction of the Finance and Economic Development Committee, staff developed a draft ordinance to serve as a starting point for City Council discussion.

Key elements for consideration include:

- Establishing a 20-foot setback from street corners to enhance visibility and allow for the creation of dynamic pedestrian spaces;
- Providing an opportunity to create angled parking along Marine View Drive;

- Raising the base building height along 7th Avenue S to 45 feet;
- Establishing building height bonus areas and an associated public benefit system that would allow building heights of 45-, 65and 75-feet if sufficient public benefits are included in the project; and
- Establishing the use of a "floor area ratio" (i.e., the ratio of the building size to the lot size) as a more flexible standard for regulating building massing and size than the current code provides.

The City Council held a 6-hour Saturday retreat to begin their discussion of the proposed draft ordinance on March 26, 2011 and continued that discussion on April 7th. Videos of those meetings, along with the draft ordinance and background information, can be found on the City's website at: http://www.desmoineswa. gov. The public will have an opportunity to comment on the proposed ordinance at a late May public hearing. Notice of the hearing will be posted on the City's website. For more information contact Denise Lathrop, Planning Manager at dlathrop@desmoineswa.gov.

Planning Agency Members Needed

The City of Des Moines is currently recruiting for three new members for the Planning Agency, a seven-member board that advises the City Council on land use and zoning matters. The Agency meets on the first Monday of each month at 7:00 p.m. Terms are four years. Please contact Robert Ruth at 206.870.6555 for more information.

Barnes Creek Detention Facility/S. 223rd Street Culvert Project

The City is awaiting receipt of an Army Corps of Engineers permit for the construction of a 3.0 acre-foot storm water detention facility located in the road sag area between S. 222nd Street and S. 223rd Street in the vicinity of 13th Ave. S., at the confluence of the north and east forks of Barnes Creek. This project will involve substantial clearing, grading and wetland mitigation work that will allow high storm flows to naturally spill over the banks of the creek into a containment area that will be slowly released back into the creek, thereby providing temporary storage and flood protection to downstream properties. The facility will also reduce channel erosion to sections of Barnes Creek downstream of S. 223rd Street.

In addition to the detention facility, the project involves the replacement of an existing undersized culvert below S. 223rd Street with a new and larger (12-foot wide by 5-foot high) concrete culvert that will allow fish passage to areas of Barnes Creek north of S. 223rd Street. Funding (\$153,000) for the culvert is being provided by the King Conservation District.

Work is anticipated to start in July and be completed by October. For additional information contact Loren Reinhold, Assistant Public Works Director, at 206.870.6524 or email at lreinhold@desmoineswa.gov.



City of Des Moines — City Currents

Meet New Public Works Superintendent Greg Taylor

The City of Des Moines is pleased to announce that Greg Taylor joined the City in July as our new Public Works and Parks Maintenance Superintendent. He fills the position held for many years by Frank Olson, who retired in April 2009.





Des Moines Minor Home Repair Program

Funding is now available for Minor Home Repairs *

Services are being offered to low/ moderate income residents who have owned their home for at least

> One year. (Some restrictions apply, please call for details)

Call the Code Enforcement Office at 206-870-6558 "Funded by King County Community

Development Block Grant dollars

Greg brings a wealth of private and public sector management experience. He began his professional life as a union journeyman carpenter. He went on to become the Director of Maintenance for the Tacoma Housing Authority where he supervised up to 45 public and contracted employees while managing multi-million dollar budgets for operating and capital improvement programs.

He was also a construction manager for a major builder where he supervised the construction of several planned communities within the state of Washington.

In the short time that he has been here he has fit right into the City family. He believes that customer (citizen) service is very important and that it is essential to spend our limited dollars wisely – safety is first and foremost in conjunction with efficiency and production.

"During my initial months on the job it has become very evident that the City has many talented people working for it. I have already learned a great deal about how we operate and look forward to continuing to do so while at the same time contributing to the ongoing efforts to improve on how we do business in order to better serve the community."

VOLUNTEERS NEEDED

Looking for Spring/Summer Activity?

The City of Des Moines has put together a great volunteer activity for students in middle school and above. The Surfacewater Management



Division is looking for Storm Drain Marker volunteers to assist with the stenciling of neighborhood catch basins. The Storm Drain Marker Program will help raise awareness about the impact of pollution in the waterways of Des Moines, which ultimately lead to Puget Sound.

For more information please call Ruth Famurewa @ 206.870.6968 or rfamurewa@ desmoineswa.gov

Surface Water Drainage Inventory

Keep an eye out because these City employees will be coming soon to a neighborhood near you. Tim Kissler and Ken Thomas will be travelling the City, mapping existing drainages systems such as catch basins, ditches and pipes for the City. The City started collecting this information last year using Global Positioning System (GPS) technology to load the existing public drainages into the Geographic Information System (GIS) as part of a requirement for the National Pollutant Discharge Elimination System (NPDES) permit. Finding and mapping the system is the first step of properly managing our utility and eliminating/preventing harmful substances from entering our creeks, streams, groundwater and eventually Puget Sound. So don't worry if you see these guys, they're just collecting drainage data that might convey through your yard. Stop and say hello.



City employees Tim Kissler (1) and Ken Thomas (r) mapping drainage systems.

Join Beach Naturalists in Exploring Des Moines Beaches

Beach Naturalists are local citizens who care about Puget Sound beaches, want to protect them, and have volunteered to help others learn and enjoy our beaches. Beach Naturalists are trained to help you enjoy the beach without harming it. They know what seastars eat, why seaweed is slimy and which fish can sing! On the dates listed below, look for Beach Naturalists at Des Moines Beach Park (BP), Redondo (R) and other Northwest beaches.

June 2	10:30-1:30	BP	June16*	10:00-2:00	BP	July 4	12:30-3:30	BP
June 3	11:00-2:00	BP	June 17*	10:30-2:00	BP	July 16	11:00-2:00	BP/R
June 4	11:30-3:00	BP/R	June18	11:30-3:00	BP/R	July 17	12:00-2:30	BP
June 5	12:30-3:30	BP/R	June 19	12:30-3:30	BP	July 30	10:00-1:00	BP/R
June 14*	10:00-1:00	BP	July 2	11:00-2:30	BP/R	July 31	10:30-1:30	BP/R
June 15*	10:00-2:00	BP	July 3	11:30-3:00	BP/R	*Lowest Tides		

For more information, call the Seattle Aquarium at 206-386-4365 or visit www.seattleaquarium. org/conservation/beach.

Des Moines Transportation Gateway Project Update In the fall of 2010, the City held the last of four public open houses to finalize the design of the Transportation

four public open houses to finalize the design of the Transportation Gateway Project. Based upon input received and coordination with local utilities, the engineering is now substantially complete and the City is moving forward into the right-of-way phase.

This spring the City expects to give its consultant authorization to begin contacting property owners that will be impacted by construction of the initial two project phases. These phases include widening of 24th Ave. S. from S. 208th St. to S. 216th St., including roadway transitions south of the S. 216th St. intersection, as well as widening S. 216th St. from 24th Ave. S. to 18th Ave. S. Much of the required right-of-way was secured by agreement with the Port of Seattle for properties fronting the future Des Moines Creek Business Park.

There are strips of right-of-way required from property owners on both sides of the streets. The next project phase will involve assessing the right-of-way values including full appraisals where necessary. Individual property owner negotiations will follow to secure titles, easements and/ or construction licenses necessary to match improvements with adjoining properties. Financing strategies for construction are being developed and are expected to be derived from grants, fees and/or frontage improvements coinciding with property development.

The City plans to transform these roadways into "complete streets" with two additional travel lanes, turn lanes, bicycle lanes, curbs, gutters, sidewalks, planter strips, undergrounding utilities, creating a pedestrian friendly streetscape for this major gateway to the City. This design provides adequate transportation capacity for planned growth in the North Central and Pacific Ridge neighborhoods.

For more information or project updates, call 206.870.6525 or visit http://www.desmoineswa. gov/tgp.

Des Moines is Business Friendly!

If you are considering a commercial project, this is the place to be.

The current economy has led many people to think about owning a small business, and others thinking that this is the ideal time to buy or develop property. With prices at an all time low, real estate is a particularly good bargain here in Des Moines. There are many areas with terrific view potential that have yet to be developed, and many great changes (the coming of the light rail and other big infrastructure projects, dropping crime rates, new large-scale developments) that will increase property and business values in future years.

If you are considering a development project, you might not realize that the City has resources on hand to help. One of your biggest obstacles may be capital funding. There are loans and investors out there that can finance your plans you will never know unless you ask!

You may have tried to develop a property or business in the past and encountered obstacles. The City has been making great progress in recent years in streamlining the development process and removing the restrictions that have made projects difficult. The City Council has made an explicit commitment to efficient and helpful City services. You may be surprised at how quickly and easily you can move your ideas forward, big or small, when you call the City for assistance.

If you have questions about development or business ownership, the helpful staff at City Hall can direct you to Building, Planning, Business Licensing or Economic Development personnel to provide the information that you need. Call the front desk between 8:30 and 4:30 weekdays, 206.870.4595, or stop in between 9 a.m. and 11 a.m. with your development questions. If you had project ideas in the past but put them on hold, check back and find out what may have changed.

All great things start with an idea. When passion and opportunity come together, we can turn our plans into reality. The future of the City of Des Moines will blossom as all of us work to make our dreams happen. Today may be your day to take the first step!

City of Des Moines — City Currents

South 216th Street Project Update

(Marine View Drive to 11th Avenue South)

Construction began in late April 2010 to provide a two-way left turn lane, curbs, gutters, and sidewalks along both sides of S. 216th, and bicycle lanes in each direction. The overhead utilities were placed underground as part of this project. The contractor resumed work in March after franchise utilities finished with their conversion work and most of the inclement weather had passed. The project should be totally complete by June 2011. The project was partially funded through a grant received from the King County Community Development Block Grant (CDBG) Program and frontage improvement in-lieu fees provided by the Wesley Homes Retirement Center.

For additional information please contact Scott Romano at 206.870.6539 or email sromano@desmoineswa.gov.

SCORE Facility Update

The South Correctional Entity Multijurisdictional Misdemeanant Jail (SCORE) being constructed in north Des Moines is moving along ahead of schedule. Roofing work, interior electrical, plumbing and mechanical work are on-going. Some ceiling grid systems are taking shape, interior paint and finishes have begun, and all forms of communication systems are being installed. Work on individual cells continues at a high rate as well as work in all"support"areas.

The SCORE project is scheduled for completion in September of 2011. Visit the SCORE website at www.scorejail.org. for updated information and pictures of the construction.



New Shoreline Master Program Adopted

The Des Moines City Council adopted Ordinance No. 1502 on January 27, 2011, approving a new Shoreline Master Program (SMP) for our community. The review and update process for the SMP was a significant undertaking. City staff worked with its environmental consultant and the Washington State Department of Ecology (DOE) for over 6 years to produce a SMP that was determined to meet state requirements and addresses issues that the City will be facing in the near future. New state guidelines for preparing and modifying SMP's took effect in 2003 and proved to be difficult to understand and interpret for both the City and State. The City of Des Moines was one of the first cities in the state to undertake this process, which contributed to time delays and made it difficult to resolve key issues about what the legislative intent was behind the new State guidelines.

Shoreline Master Programs provide policies and regulations for uses and development occurring on property located within 200 feet of water bodies regulated by the State. Typically these include properties near or abutting Puget Sound, larger lakes, wetlands and rivers. However, because Des Moines does not have qualifying lakes, rivers, or wetlands meeting specific State size or flow requirements, the Des Moines SMP focuses primarily on properties located near the marine environment of Puget Sound. The City's SMP needed updating. The City's previous SMP was adopted in 1987 and was significantly outdated. Since that time, the City has annexed 10 different areas (including the Woodmont and Redondo neighborhoods) causing the City's shoreline to grow to about 5 miles in length. The City has also experienced significant new physical development of property in the last 24 years that was not reflected in the baseline conditions of the previous SMP.

Some of the key concepts of the City's SMP are maintaining and promoting public access, limiting shoreline activities to preferred shoreline uses, and protecting the natural resources of the shoreline. These concepts permeate throughout the entire SMP and help guide future decisions on what uses and developments are allowed near the Des Moines shoreline. The City's new SMP and the accompanying Shoreline Inventory and Characterization Report are available for the public to view on the City's website at www.desmoineswa.gov.

Marine View Drive Water Main Project to Start Soon

Water District No. 54's consultant, Gray & Osborne, Inc., is putting the final touches on the design of a water main project in downtown Des Moines. Once a new franchise agreement has been signed with the City, the District will advertise the project for bids. The project includes installation of a new 12-inch water main under the sidewalk area within the west side of Marine View Drive from S. 219th Street to S. 227th Street, and the installation of new mains in four side streets (S. 220th, 222nd, 225th and 226th Streets) from the east side of Marine View Drive to 7th Ave S. In order to minimize impacts to traffic and to avoid cutting through thick concrete and brick panels located under Marine View Drive, the construction will involve boring below Marine View Drive at the four side streets (two bore pits will be needed on each side of the crossings).

Construction is anticipated to start in late May or early June and last four months. Prior to the start of the project, a newsletter including contact information for the construction manager, contractor, Water District and City staff will be issued to all impacted properties within the downtown area. Information and photos will also be provided on the City website throughout the project's construction. Businesses will be open and the area will be pedestrian friendly for summer activities. For additional information, contact Loren Reinhold, Assistant Public Works Director, at 206.870.6524 or email at Ireinhold@ desmoineswa.gov.

Senior Services Advisory Committee Opening

The City of Des Moines is currently accepting applications for an opening on the Des Moines/ Normandy Park Senior Services Advisory Committee. The purpose of the Senior Services Advisory Committee is to advise the Des Moines and Normandy Park City Councils on policy and budget subjects related to senior services.

Interested persons should contact Senior Services Manager Sue Padden at 206.870.6584 for details on the scope of duties and an application form. Applications are also available on the City's web page www. desmoineswa.gov.

Spring / Summer 2011

Des Moines Healthy Eating Active Living Initiative Putting Prevention to Work!

The City of Des Moines has received a grant from Public Health-Seattle & King County and the U.S. Department of Health and Human Services to develop a new Healthy Eating and Active Living (HEAL) Initiative. The purpose of the initiative is to increase access to opportunities for physical activity and healthy foods through policy, systems and environments that make "the healthy choice the easy choice". The City of Des Moines is working closely with Public Health-Seattle & King County, the cities of Burien, SeaTac and Normandy Park, and the Highline School District, all of whom are members of the Healthy Highline Communities Coalition and the state-wide Communities Putting Prevention to Work Coalition. Councilmember Melissa Musser is the City of Des Moines' elected official on the Healthy Highline Communities Coalition. Sue



Des Moines Parks & Recreation Mid-Winter Break Camp youth learning about and soon to enjoy "GO" foods!

Anderson, City of Des Moines Policy Analyst, is the initiative director.

As part of the HEAL Initiative, Des Moines Parks & Recreation's youth programs offer healthy food options that encourage children to choose the healthiest foods and beverages most of the time. Youth learn that foods are not good or bad, and that all foods can fit into an overall healthy diet. Nemours Health & Prevention Services has developed a list of foods categorized by their nutrient density as"GO,"SLOW" and "WHOA" foods. GO foods are the healthiest options and are recommended to eat most often. SLOW foods have added sugar or fat and are recommended to eat, at most, several times a week. WHOA foods are the highest in sugar and fat, are the least healthy, and are recommended to eat only once-in-awhile. Try this concept with your family to encourage them to eat more healthily!

For additional information on the HEAL Initiative please contact Sue Anderson, Policy Analyst, City of Des Moines, at sanderson@desmoineswa.gov or 206.870.6528.

Shakespeare in the Park: The Comedy of Errors

By William Shakespeare Directed by George Mount Saturday, July 30th at 7 pm in Des Moines Beach Park Free



Two sets of long lost twins unknowingly cross paths and set the stage for an evening of mistaken identity, confusion and mayhem! This comic masterpiece is full of slapstick and sight gags, puns and pratfalls. Keeping track of which twin is which is only half the fun, as Shakespeare also stacks the deck with some of his most outrageous characters, including a jealous wife, a seductive courtesan, a hapless old man seeking his sons, a zany conjurer attempting an exorcism, and even a nun who's not all she seems to be!

Bring your lawn chair and enjoy this special outdoor performance.

Blueprint for Living Presentations

NEW to Des Moines Activity Center, beginning in April, Valley Cities Counseling and Consultation will host free workshops on a variety of senior health and wellness topics every other Tuesday. The third Friday of every month we focus on healthy eating, good nutrition and weight. The fourth Friday of every month a professional counselor will be available to meet for free private consultations on a variety of information and assistance regarding senior focused family, personal or daily living issues. For details please see page 9RR of the Recreation Guide section of the brochure. These three programs are funded through the generosity of the Des Moines Legacy Foundation. For more information please call the Des Moines Activity Center at 206.878.1642.

Diversity Desserts and Talent Show - May 19th

Des Moines Activity Center is celebrating our community's cultural diversity with a special Diversity Desserts and Talent Show on Thursday, May 19th, 1pm at the Center. We honor and celebrate foods, music, dancing, and talents from around the world right here in our own back yard! Bring a dessert and the recipe to share. For the talent show, sign up for a three minute performance. Forms will be available at the Activity Center for the talent entries. Please sign up in advance for the talent show. For more information please contact Sue Padden, Senior Services Manager, 206.878.1642.



Des Moines Arts Commission Vacancy

The Des Moines City Council is accepting applications for candidates wishing to serve on the Des Moines Arts Commission. Arts Commissioners serve three year terms and are appointed by the Mayor with City Council confirmation. The Commission meets on the second Wednesday of the month from 4:00 p.m. to 5:30 p.m. at the Des Moines Activity Center. For information regarding Arts Commission programs please go to www.desmoineswa.gov/ artscommission or contact Patrice Thorell, Des Moines Parks, Recreation and Senior Services Department, at 206-870-6527.

Applications will be accepted until filled. Interested persons should contact the City Clerk's office for an application form, 21630



Avenue South lith #A, Des Moines, WA 98198, or look under City Clerk Forms on the Citv's website at www. desmoineswa.gov.

City of Des Moines — City Currents

Des Moines Beach Park Auditorium Opens — Completion of Remaining Historic District Restoration Significantly Delayed

Des Moines Beach Park and historic camp is an 18 acre City park with 600 feet of waterfront on Puget Sound, recognized on county, state and national levels as a historic district. Ninety years ago it was one of approximately 100 popular camps in the Puget Sound region. Today it is the only church camp surviving from that era, within the urbanized Puget Sound region.



With the help of matching grants received in earlier, better economic times from the state, King County and 4Culture, the renovation of the Auditorium (the camp's Tabernacle) is nearing completion, and will become available by September of this year as a beautifully updated

historic site for community events, weddings, seminars, festivals, meetings, etc. Please join us for the Auditorium Grand Opening on Saturday, September 17th.

For many years, the City set aside Real Estate Excise Tax as matching funds to make the major capital improvements necessary to save the authentic camp buildings from deterioration and destruction. Those funds have supported major flood control measures for Des Moines Creek, and recent dredging of the many feet of built-up gravel that reduced its water carrying capacity, hampered fish runs and threatened the continued existence of the Dining Hall.

The camp's most historically significant structure, the Dining Hall & Kaffe Stuga, has been elevated several feet above the creek (which runs beneath it) and placed on a sturdy new concrete foundation. It is currently mothballed, still in need of major interior rehabilitation and exterior decking.



The Sun Home Lodge (girl's camp dormitory) is adjacent to the renewed Auditorium, and capable of adding much additional flexibility to the kind of functions that can be accommodated in the Auditorium. Unfortunately the Sun Home Lodge also needs significant repair and updating and is currently mothballed.

Several additional buildings carry on the charming Swedish architectural heritage of the 1930s camp, including two cabins, a cottage, a picnic shelter, the 1940s Woodshop/Bathhouse, and the more recent Founder's Lodge. All of these additional buildings were slated for rehabilitation some time ago, and could be delayed indefinitely due to the economy and drastic decline in the Real Estate Excise Tax revenue which was a major source of necessary funds. The City Council has begun discussions on how best to address this difficult issue.

An integrated Beach Park and Marina business and development plan is currently being developed to determine the best use of these waterfront assets and how best to provide adequate revenues for needed improvements and ongoing maintenance and operation.

Please contact Patrice Thorell at 206.870.6527 or e-mail pthorell@ desmoineswa.gov if you have questions related to the Des Moines Beach Park (Covenant Beach Historic District).

Beach Park Jazz and Blues Series

When the weather heats up, cool down by the water at the Beach Park Jazz and Blues Concert Series. The FREE concerts are from 7-8:30 pm on the Beach Park Meadow. New this year, the back up rain location is the Beach Park Auditorium. Bring a blanket or lawn chair and a picnic dinner and enjoy free entertainment for the whole family. See you rain or shine! Sponsored by the Des Moines Arts Commission, Des Moines Legacy Foundation and 4Culture.

- July 20
 - y 20 The Red Hot Blues Sisters
- July 27 The Tallboys and opening act Ali Marcus
- August 3th Leroy Thomas and the Zydeco Road Runners
- August 10th Cherry Cherry- A Tribute to Neil Diamond

Poverty Bay Arts Festival – Saturday, September 10th

Mark your calendars for the 2nd Annual Poverty Bay Arts Festival this fall on Marine View Drive. Enjoy artwork, pottery, a poetry slam and more from 10 am to 4 pm.



Spring / Summer 2011



Grand Opening City of Des Moines' Daisy Sonju Community Garden & Pea Patch 24728 16th Avenue South Saturday, May 28, 2011 10am

Garden Tour | Ribbon Cutting



Thank you, Garden Sponsors: The Des Moines Legacy Foundation | Des Moines Rotary Des Moines Area Food Bank | Furney's Nursery Asplund Tree Service | Seattle Tilth

For Information call: Kim Richmond, Community Project Manager (volunteer) 206-870-6527, friendsofsonjupark@hotmail.com



SPRING - SUMMER 2011 EVENTS DES **HAT ON** EGGSTRAVAGANZA Fred Meyer, Parks & Rec, April 23 - 9-11am, Des Moines Beach Park WATERLAND ARTS & MUSIC SERIES Q Brothers from Different Mothers, Arts Commission, April 26 - 7pm, HCC SPORTS NIGHT Legacy Foundation, May 14 - 6pm, Des Moines Field House DAISY SONJU COMMUNITY GARDEN OPENING ** Parks & Rec, Food Bank, Rotary Club, May 28 - 10am, Daisy Sonju Park FARMERS MARKET OPENING DAY Farmers Market, June 4 - 10am, South Marina Park PIG ROAST/FAMILY FUN Destination Des Moines, June 4 - 2pm, Beach Park WASHINGTON STRONGEST APPLE COMPETITION North America Stronaman sanctioned, June 4 - 10am, Marina FIREWORKS OVER DES MOINES Rotary Club, Powell Homes, Legacy Foundation, Destination Des Moines, 🏹 July 4 - 10pm, Marina/Beach Park DES MOINES CLASSIC BBQ Des Moines Marina, July 22 - 7pm, Marina parking lot DES MOINES CLASSIC CAR & BOAT SHOW 🚌 Knights Car Club, Powell Homes, July 23 - 10am-4pm, Marina WATERLAND PARADE Destination Des Moines, July 23 - 6pm, Downtown Des Moines SUMMER CONCERT SERIES Arts Commission, SAG, Parks & Rec, July 20, 27, Aug. 3, 10 - 7pm, Beach Park SHAKESPEARE IN THE PARK Arts Commission, Parks & Rec, July 30 - 7pm, Beach Park Meadow NATIONAL NIGHT OUT Des Moines Police Department, Aug. 2, various neighborhoods SQUIDMAN AQUATHON Destination Des Moines, Aug. 13 - 8:30am (Check-in - 7am), Beach Park SOGGY DOGGY DASH & DES MOINES PET FESTIVAL Destination Des Moines, Aug. 27, Des Moines Field House & various locations Festival: 10am-3pm, Soggy Doggy Dash: 2-6pm **BIG CASH RAFFLE** Drawing 1" Prize \$10,000 on Aug. 27 2nd Prize \$5,000 3rd Prize \$2,500

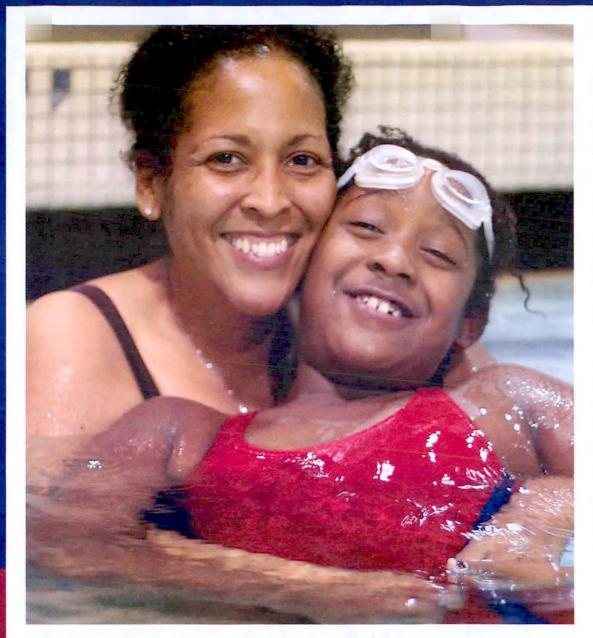
Tickets available from participating member businesses

www.destinationdesmoineswa.org



SUMMER 2011

				Johnman 2011			
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 - 7am		Lap Swim	King Aquatics	Lap Swim	King Aquatics	Lap Swim	
7 - 8am		Pool Maintenance	Club	Pool Maintenance	Club	Pool Maintenance	King Aquatics
8 - 9am		Shallow Water Ex/Laps	Club 7am-Noon				
9 - 11am		Lessons	Lessons	Lessons	Lessons	Lessons	
11 - Noon	Available	Lessons/Laps/Family	Lessons/Laps/Family	Lessons/Laps/Family	Lessons/Laps/Family	Lessons/Laps/Family	
Noon - 1pm	for	Seniors/Laps/Family	Seniors/Laps/Family	Seniors/Laps/Family	Seniors/Laps/Family	Seniors/Laps/Family	Lessons/Laps
1 - 2pm	rentals	Public Swim					
2 - 3:30pm		Special Events	^s 1 Public Swim				
4 - 5:30pm		Lessons/King Aquatics	2-3 pm First				
5:30 - 7pm		Lessons	Lessons	Lessons	Lessons	Lessons	Saturdays
7 - 8pm	8. T	Public Swim	Water Exercise	Public Swim	Water Exercise	Public Swim	2-11 pm Available
8 - 9pm		Laps/Water Exercise	Public Swim	Laps/Water Exercise	Public Swim	Lap Swim	for rental
	For	r prices, please call	the pool at: 206.82	24- or visit us	online at www.mou	ntrainierpool.com	



My Mother feared for my safety more than she feared the water...

My Mother never swam... but now her granddaughter swims like a fish

Children of parents who don't swim are significantly more likely to drown because they, too, never learn to swim. And each generation the problem compounds itself.

Contact your Mount Rainier Pool today to schedule lessons and help us break the cycle. Scholarships available for families in need.

CALL: 206.824.4722

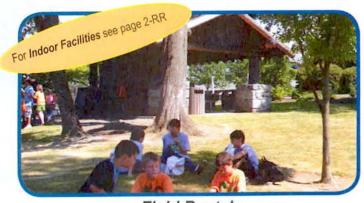
SWIMMING SAVES LIVES. PASS IT ON...



Facilities & Fields

Des Moines Outdoor Shelters are great for summer picnics and family gatherings!

Des Moines Field House Shelter Midway Park Shelter Wooton Park Gazebo Our facilities are available at competitive rates!



Field Rentals The following fields are available for rent. Des Moines Field House Park Fields Steven J Underwood Memorial Park Fields Zenith Park

For booking and additional inquiries visit or contact: Des Moines Parks, Recreation & Sr. Services 1000 S. 220th Street, Des Moines, WA 98198 Phone: (206) 870-6527 Fax: (206) 870-6587 E-mail: recreation@desmoineswa.gov Website: www.desmoineswa.gov/facility

A map and full listing of Des Moines Parks and Recreation Facilities can be obtained at the Administrative office or you can download a PDF file from the City's website: www.desmoineswa.gov/recreation.

Will You Help a Child Attend a Camp or Activity?

Your contribution gives local children and teens the opportunity and joy of attending Parks and Recreation programs! Youth and Teen programs are an essential part of a healthy community, building social skills, promoting active play and providing a safe haven for children before and after school.

Des Moines Parks and Recreation receives scholarship support from Des Moines Legacy Foundation and other local services

organizations such as the Rotary Club of Des Moines. However, the need for scholarships has increased dramatically surpassing funds available in 2010. Your gift will help a Des Moines child participate in

2011!

Check YES and send your tax deductable donation to:

Des Moines Legacy Foundation Attention: Des Moines Parks & Recreation Scholarships for Youth PO Box 13582 Des Moines, WA 98198

Special Events

Celebrate Keeping Our Traditions Alive

Meet us at Beach Park, the birthplace of Des Moines! Saturday, September 17, 2011 11:00am-2:00pm

The City of Des Moines Parks, Recreation and Senior Services invite you to join us for the grand opening celebration of Des Moines Beach Park Auditorium (newly renovated former Covenant Beach Camp Tabernacle.)

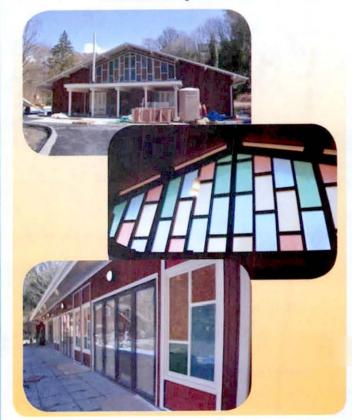
Community Celebration Highlights:

Opening Ceremony at 11:30am

Old Fashioned Family Picnic with food, games and live entertainment

Displays of the historic eras of Des Moines waterfront from the 1890s to the present!

For more information about the event or facility rental information, contact us at 206-870-6527 or visit www.desmoineswa.gov/BeachPark



12-RR

REGISTRATION INFORMATION

City of Des Moines Parks, Recreation and Senior Services Department Offices

Parks and Recreation Administrative Office

1000 South 220th Street, Des Moines WA 98198

206-870-6527 TDD Line: 206-824-6024

Fax: 206-870-6587 E-mail: recreation@desmoineswa.gov Monday - Eriday 8am 4:30pm

Monday – Friday, 8am–4:30pm Des Moines Activity Center Office – Senior Services

2045 S 216th Street, Des Moines WA 98198 PO Box 98576 206-878-1642 Fax 206-878-2260 E-mail: recreation@desmoineswa.gov Hours: Monday – Friday, 8am–4pm

Holiday Closures May 30, July 4 and September 5

Resident Priority:

Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not to provide proof of residency will be assessed the full fee for programs.

The Resident Discount ("RD") Fee is available to residents living within the City of Des Moines' jurisdictional boundaries and Senior Adults. To qualify for the "RD" Fee participants must provide proof of residency such as. Valid picture ID with a Des Moines Address. Valid picture ID accompanied by a utility bill with their Des Moines Address. Sports Teams qualify for the "RD" Fee when 51% of their players are Des Moines residents (proof of Residency will be requested.) The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to 206-870-6527.

Ways to Register:

Walk-in: Check, Cash, Visa/MasterCard.

Phone: Visa/Mastercard.

Mail-in: Registration Form with check or Visa/MasterCard information.

Registration Policies:

Pre-registration is required for all programs unless otherwise stated. Registration is taken on a first paid basis. Returned check fee: \$40 (plus 50% surcharge if collection action needed).

Refund Policy/Cancellations*:

When DMPR/SS cancels a program, a full refund or credit will be issued. Full refunds will be granted when requested more than one week (7 days) prior to the start date of the course/program, less a \$10 administrative fee. The \$10 administrative fee is waived if you opt for a credit to be used for another course/program. Refunds requested less than one week prior to the start date of the course/program will not be granted unless the vacated spot is filled. If the spot is filled, a refund will be granted, less a \$10 administrative fee.

Medical refunds requested prior to the start date of the course/program will be granted in full. A doctor's note must be provided for all medical refunds to be processed. A prorated refund will be granted for medical refunds requests received during or after the course/program. Medical refunds must be requested, with proper documentation, within a month of the program's ending date.

*Refunds cannot be granted for non-recoverable costs on some programs, special events and trips, such as pre-paid admission fees unless the spot is filled. Also, on trips where services are contracted to outside travel agencies, the travel agency refund and cancellation policies will apply.

Due to unforeseen circumstances, printed prices are subject to change without notice.

Accommodation of Disabilities:

The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, call 206-870-6527. TTY/ TTD 206-824-6024.

Gender Equity Statement:

The City of Des Moines complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective July 26, 2009) that prohibits discrimination against any person on the basis of sex in the operation, conduct or administration of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community athletic program, are also prohibited from discriminating on the basis of sex. If you have questions or comments contact Patrice Thorell, Parks, Recreation and Senior Services Director.

Don't miss out on Rockin' Cool Deals in our eblast newsletter REC 'n ROLL- email recreation@desmoineswa.gov to receive e-blasts featuring the latest community recreation opportunities for all ages.

Des Moines Parks and Recreation Registration Form

Mail to: City of Des Moines Park & Recreation Dept. 1000 S. 220th St., Des Moines, WA 98198

Adult/Guardian (if participant is a minor)			Participant's Name			
Age	Birthdate	M/F	Address			
Home P	hone		Work Phone	Emergency Phone	E-mail	
Street a	ddress		· · · · · · · · · · · · · · · · · · ·	City	State	Zip code
Class Ti	tle			Fee		
				Fee	_	
				\$	_	
I'll give	kids a Chance, w	ith my contrib	ution to Youth Scholarships:	\$		
					TOTAL \$	
VISA/M	C #		Name on Card		Exp. Date	
City Of	Dec Maines Hold		roomont			

City Of Des Moines Hold Harmless Agreement

I assume all risks and hazards of the conduct of the program. In case of injury, I waive all claims or legal actions, financial or otherwise, against the City of Des Moines, its organizers, sponsors, supervisors, employees, or any volunteers connected with the program unless injury is caused by the sole negligence of the City of Des Moines. I grant full permission to use photographs, videotapes, motion pictures, recordings or any other record of the program for any purposes. In absence of signature, payment of fees and/or participation in the program constitutes acceptance of these conditions.

Adult Participant or Parent/Guardian Signature

Date

My Girl Cruises

Treat yourself to a day on the water on this lovely 60' motor yacht! Bring a sack lunch or a no-host meal when shore time is provided. Trips depart from Des Moines Marina.

Thursday, July 21	8:30am-5pm	\$42
Explore Tacoma's Wate	erfront	
Thursday, August 25	9am-5pm	\$32
· Museums, Galleries, UW Be	ookstore, eateries & more.	
Scenic Tour of Lake Un	nion	
Thursday, September 15	9am-5pm (aprox)	\$47
	ont and cruise the Ballard Locks!	



Day Trips

Explore Puget Sound with Des Moines Activity Center

Historic Cle Elum – Cle Elum		
Wednesday, May 11	8:30am-5pm	\$20
Museum of Flight/Vintage Uniform	s - Seattle	
Wednesday May 18	9:45am-3pm	\$20
Tree House Point - Fall City (Lunch	h at Tree House Point)	
Wednesday, May 25	10am-3pm	\$50
Whistlin Jack Lodge - Chinook Pa	SS	
Wednesday, June 8	8:30am-4:30pm	\$18
Washington State History Museum	– Tacoma	
Wednesday, June 15	9:30am-3pm	\$15
Ohme Gardens – Wenatchee		
Wednesday, June 22	8am-6pm	\$25
Lucky Eagle Casino- Rochester		
Wednesday, June 29	9am-4pm	\$6
SSCC Chinese Gardens - Seattle		
Wednesday, July 6	10am-3:30pm	\$15
Day in Enumclaw		
Tuesday, July 12	9:45am- 4pm	\$10
Patio Sale - Panorama City - Olym	pia	
Saturday, July 16	8am–4pm	\$10
Job Carr Museum – Tacoma		
Wednesday, July 27	9:30am– 3pm	\$20
Walking Tour - Port Gamble		
Tuesday, August 9	8am-4pm	\$25
Train Ride – Snoqualmie		
Friday, August 19	10:30am-4pm	\$20
Emerald Queen Casino-Tacoma		
Wednesday, September 7	9am-4pm	\$6

Join us for Fun & Games all week long! Call 206-878-1642 for details!

Golf Outings

Enjoy playing 9 holes at Puget Sound courses with fellow golfers. Transportation available on a first paid basis. All players draw numbers to determine playing partners and tee position. Departure from DMAC varies from 8-8:30am. Return time varies.



Fee Range: \$8-10 No Host Green Fee and lunch

Mondays	Course & City	Green Fees
May 2	Meadow Park, Lakewood	\$16
May 16	Lake Spanaway, Spanaway	\$15
May 31 (T)	Twin Rivers, Fall City	\$18
June 13	Cascade, North Bend	\$14
June 27	Lapoma Firs, Puyallup	\$17
July 11	Mt. Si, Snoqualmie	\$22
July 25	Madrona, Gig Harbor, 18 holes	\$22
August 8	Rolling Hills, Bremerton	\$18
August 22	Allenmore, Tacoma	\$15
Sept. 6 (T)	Horseshoe Lake, Port Orchard	\$20 plus tax
September 19	Mystery Trip???	\$15

Horticulture

Explore Northwest gardens and nurseries with our "growing" horticulture group! As we spring into summer we will visit many gardens and nurseries. \$8 van trips & * carpool. Call for morning departure times.

May 6*	Des Moines Garden Club Sale, Normandy Park
May 13*	Weyerhaeuser Rhododendron Garden, Federal Way
May 20	Windmill & Watsons Nurseries, Sumner & Puyallup
May 27	Tacoma Chinese Reconciliation Park
June 10	Visit Bernie & Sunny Brunsome Roof Garden, Maltby
June 22	See Ohme Garden trip in our Travel Section
June 24	Roof Garden at Bastille Restaurant in Bothell
July 8	Nisqually Natural Wildlife Refuge
July22	Digs Garden Nursery, Lavender Hill Farm & Country Store, Vashon, Ferry Fee \$5
August 12	Lakewold Gardens, Tacoma
August 26	Tour of Whidbey Island Gardens, Ferry Fee \$5

Connections to Services	Y,
AARP Tax Assistance Appointments	
Blood Pressure Checks	
Elderwatch	253-946-7338
Fall Prevention	- BI- 20
Foot Care -2011 features expanded hours!	Star Star
Legally Speaking Presentations	A Set of the
Medical Lending Equipment	A
Nutritious Lunches -Monday-Thursdays	100 and 100
Pet Food Assistance	
Sea Mar Latino Activities	
Senior Services' Information & Assistance	
Senior Rights Assistance	206-448-5720
Senior Services' Shuttle Transportation	206-727-6262
Senior Services' Volunteer Transportation	206-448-5740
Senior Services' Meals on Wheels	206-448-5767

Senior Activities

Blueprint for	Living 2011 and Beyon	d
Featuring a series	of presentations to design and live y	our life well
and your way! Pres	sentations offered by Valley Cities C	ounseling &
Consultation unless	otherwise noted.	2271 W
Adults	Activity Center	9
Managing Emotions	A Powerful Force in Our Lives	C 11-7-
Understand how out	of control emotions undermine overa	Il health and
wellbeing.	the second se	The second second
Tuesday, May 3	10:00-11:30am	DMAC
Aging & Depression	& the 3-S's	1111
Explore the difference	e between sadness and serious depress	ion and learn
the signs, symptoms a	and solutions.	121 11-1
Tuesday, May 17	10:00-11:30am	DMAC
	nentia and Alzheimer's	
	ling and Consultation covers the basics	
	imer's, including new information fro	m the 2011
Alzheimer's conference		
Tuesday, June 7	10:00-11:30am	DMAC
Caring for a Loved C		1.0
	stions to ease the challenges of communic	
	dementia has joined your family. David W	olfe, Highline
Mental Health License		
Tuesday, June 14	11:00am-12:00pm	DMAC
Act Now to Preserve		
	preserve your memory and your brain.	12
Tuesday, June 21	10:00-11:30am	DMAC
-	3.0.14	and the second

Good Nutrition, Healthy Ea facilitated by Valley Cities Co Advance registration is appre	unseling & Consultation.	
2nd Friday, monthly	10:00am - 12:00pm	DMAC
Vitamins and Supplements Friday, May 13 — Learn the I	penefits and risks of our favorites!	
Do You Know What You're Friday June 10 — Beverages	Drinking? - those hidden calories and more.	

Counseling & Information Services

Troubled by uncertainty and lack of information?

Obtain assistance with resource information, referrals and start tackling personal issues that are getting in the way of your mental wellbeing. Facilitated by Valley Cities Counseling & Consultation. 4th Friday, monthly year-round

10:00am - 12:00pm

DMAC

Adults

T

Т

Call 206-878-1642 to book your appointment— (limit of a maximum of 3-counseling sessions)

Many thanks to the Des Moines Legacy Foundation for providing the funding for programs facilitated by Valley Cities Counseling & Consultation.

Brain Agility

Can't seem to remember words and names like you used to? Our brains need exercise as much as our bodies! Brain Agility, developed by Dr. Peter Moulton, features a personal workbook, brain aerobics and classroom discussion. Previous students say it really helps! Be ready for homework! Volunteer Facilitators. Adults \$40R 44NR

Tu June 14-July 26 6:30-7:30pm

30pm

7.50pm

Enhance Fitness

Improve physical conditioning levels and decrease the risk of falling with stretching, lowimpact aerobics, strength training and balance exercises. Gym-type shoes are required (no sandals) and a water bottle is recommended. Co-sponsors: Group Health & Senior Services. Instructor: Mary Brown



Activity Center

View Enhance Fitness @ http://youtu.be/OH2VdXbusNg!

Adults

8-9am or 9:30-10:30am		
June 2-24	11-days	\$28
7-8am or 8:30-9:30am		
June 28-July 29	15-days	\$36
August 16-Sept. 2	9-days	\$22

Salish Sea Stories

Join us for the rich experiences people living by the Salish Sea have to share!

Dancin' from Paris to Puget Sound Betty McLain shares her experiences living and loving and learning dance as she traveled from Paris to Puget Sound and around the world. Betty shares tid-bits from her recently published collection of humorous stories and dance tips - Dancing in



The Rain – always giving her perspective of "how to live life to its fullest, no matter how old you are!" Copies of her book will be available for purchase.

Adults		\$2 donation
Sunday, June 26	3:30-4:30pm	DMAC

Aviation History-

Part IV: High Flights and Hard Landings

Retired flight test engineer and international airline operator, John McEvoy, thrills us and chills us with his real life stories of perils, pitfalls and pirates in aviation!

		\$2 donation
9:30-11:30am	May 17	Activity Center
7-9pm	May 31	Activity Center

Interested in sharing your stories? Contact us at 206-878-1642!

Adult Fitness & Sports



Zumba®

Ditch the workout – Join the Party! Working-out is healthy, rewarding and beneficial, but it's never been known to be exhilarating until now! Zumba® fuses hypnotic Latin rhythms and easy to follow moves to create a unique program that will blow you away and help you achieve long term benefits while experiencing an absolute blast in one hour of calorie-burning, body-energizing, awe-inspiring movements that engage and captivate for life! Instructor: Shayla Lee, Zumba® Certified.

Adults		\$53R \$59NR/10-class punchcard or	\$10 Drop-in
M/W	6-7pm	Ongoing*	Field House

Belly Dancing

Enjoy a fun, effective, low impact exercise. Beginning and intermediate level classes consist of Middle Eastern and American Tribal dance steps for troupe and soloist, body movements, the use of cymbals and the veil. Instructor: Saroya Poirier, Babylonian Ensemble

Adu	lts			\$43R \$48NR
М	Beginners	May 16-Jun 27	7:15-8:15	Founder's Lodge
M	Intermediate	May 16-Jun 27	8:15-9:15pm	Founder's Lodge

Tai Chi

Qigong style Tai Chi focuses on a basic circulation form using energy principles. Tai Chi improves balance and increases strength and control of muscles through gentle, slow movements, while also improving coordination of the upper and lower body. Instructor: Rhonda Allison.

Adults			\$48R \$52NR
Th	Session 1 5/12-6/30	5-6pm	Activity Center
Th	Session 2 7/7-8/25	5-6pm	Activity Center
Th	Session 3 9/1-10/20	5-6pm	Activity Center

Energy Yoga

Yoga helps to release stress and re-direct energy to gain better health and sense of well being. With a series of sustained poses and gentle stretches, students will improve muscle strength, range of motion, balance and stability, especially the deep core muscles that stabilize the spine and increase flexibility. Instructor: Rhonda Allison.

Adults	3		\$48R \$52NR
Th	Session 1 5/12-6/30	6:30-7:30pm	Activity Center*
Th	Session 2 7/7-8/25	6:30-7:30pm	Activity Center*
Th	Session 3 9/1-10/20	6:30-7:30pm	Activity Center*
*Tai C	hi & Yoga Drop-in Fee: \$8 pe	r class	
New	Location:		

New Location:

M 1:30-2:30pm April 11-June 13

8-RR

Adult Men & Coed Fall Softball League

This is a great opportunity for folks to play at our beautiful complex. Each team plays 12-games and a single elimination post season tournament. Registration deadline: July 16, 2011.

Adults SJUMP

Monday Nights Co-ed Recreation Division Tuesday Nights Men's Recreation Division League Play August-October League Play August-October

\$850R \$900NR



Senior Softball

Batter-up for active adults age 50 and better!

Des Moines Activity Center sponsors two coed softball teams that competeagainst teams throughout King County. Practices and home games are played on Tuesday and Thursday mornings at the Steven J. Underwood Park fields. League games start the week of May 4. Teams receive sponsorship funding from local business. To learn more about sponsorship opportunities or if you are interested in playing on one of our two teams, contact: Abbie Nielsen, Recreation Coordinator, Des Moines Activity Center 206-878-1642, anielsen@desmoineswa.gov

Adult Summer Tournaments

Wood Bat Tour	nament Mens E/D 3GG	\$240	July 16 only
Wood Bat Tour	nament Coed E/D 3GG	\$240	August 6-7
Wood Bat Tour	nament Mens/Coed E/D 3GG	\$240	September 17-18
Kickball Tourna	ment Coed 3GG		
\$150	July 23-24	9am Kic	koff
\$150	August 20-21	9am Kickoff	
Coed Champio	nships Kickball Tournament		
\$175	October 6-7	9am Kickoff	
0-11 000 070 0	F07 (and an allowed as	4-11-1

Call 206-870-6527 for information & registration details!

Tennis Anyone? See page 5.

Normandy Park Cove

City of Des Moines Parks, Recreation and Senior Services www.desmoineswa.gov

Wenatchee Whitewater Rafting

The Sunny-side of the Cascades a definate is Roller splash! coaster action and generally sunny weather makes this snow-fed river a favorite for riverrunners. You'll experience commanding



scenery that includes apple orchards and tall bluffs. The whitewater maneuvering in "Boulder Bend, Rock & Roll, Drunkards Drop and Snow Blind" rapids will definitely capture your attention. Participants will paddle self-bailing paddle rafts with an experienced guide. All rafting equipment is included. Join us!

Trip Leader: Rod Admundson, Wild Water River Tours, INC.

Age 6	+		\$78R \$85NR
Sa	May 14	12pm-4:30pm	Location provided at registration
Su	June 5	12pm-4:30pm	Location provided at registration
Sa	June 25	12pm-4:30pm	Location provided at registration
Su	July 10	12pm-4:30pm	Location provided at registration

Skagit Whitewater Rafting

Explore lush woods in North Cascades National Park.

The Upper Skagit River is essentially a relaxing calm water float and devoted to scenery so magnificent it earned a place in the National Wild and Scenic River System. Wildlife is often seen along the banks. The tranquility is shattered for one-quarter mile by an easy section of fun-filled Class III whitewater. After that, enjoy the peace and quiet and undisturbed natural beauty. Experienced guides steer professional quality paddle rafts. All rafting equipment is included. Join us!

Ages	6+		
Su	July 31	12-4pm	
Sa	August 27	12-4pm	

Nisqually Calm Water Rafting

Relax in spectacular natural splendor.

No experience is necessary for this leisurely float on the historic river that served as a pathway to Indians and settlers. Follow meandering river channels through a flood plain of unsurpassed natural beauty. Wildlife is often seen along the riverbanks. Experienced guides steer professional quality rafts. All rafting equipment is included. Join us!

Ages 6+

Su August 14 1-5pm

\$78R \$85NR

\$78R \$85NR

Location provided at registration

Location provided at registration Location provided at registration

Adult CPR with AED Essentials

Learn to recognize and care for breathing and cardiac emergencies in victims who are age 12 and up. Certification is good for two years.

Age 1	6-Adult		\$40
W	June 29	6-9pm	Activity Center

Dog Obedience

Love your dog, but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Animal Control Officer, Champion Trainer

Dogs	4+ months		\$78R \$85NR
Th	May 5-26	7:15-9:15pm	Field House
Th	June 2-23	7:15-9:15pm	Field House
Th	July 7-28	7:15-9:15pm	Field House
Th	August 4-25	7:15-9:15pm	Field House
Th	September 8-29	7:15-9:15pm	Field House

Fused Glass Workshop

Learn the basics of art glass techniques including cutting, fusing and slumping with supplies and materials provided by the instructor. Note: Instructor: George C. Scott

Adults	3		\$55 \$59NR
W	June 15	6-9pm	Instructor's Studio / Des Moines
Sa	June 25	1-4pm	Instructor's Studio / Des Moines
W	July 20	6-9pm	Instructor's Studio / Des Moines
Sa	July 16	1-4pm	Instructor's Studio / Des Moines
* Cho	ico of making a	10" fuend houl	or 10" fuend aloss Jamp Day ovtra

* Choice of making a 10" fused bowl or 10" fused glass lamp. Pay extra \$30 to instructor day of class for lamp. See samples of lamps at www. georgecscottstudios.com



Watercolor Workshop-all Levels

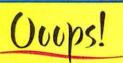
Enjoy a morning with instruction and afternoon outside with your canvas and paints. Students bring their own supplies (supply list provided) and a sack lunch. Instructor: Nancy Bogni Adults

Sa August 20

10am-3pm



\$25R \$29NR Activity Center



Sometimes courses are cancelled because people wait too long to register. Register early to avoid disappointment!

Youth Recreation Activities

Healthy life-long habits start young. Teach your child to enjoy exercise and physical play in these fun activities.

Ballet/Tap

Ballet is the true expression of classical art that provides strength, beauty, posture and grace and is the foundation for all other dance forms. The Tap portion features fun, making lots of great noises with your feet and incorporates rhythm, technique & style. Pink ballet slippers and black tap shoes are required for this class. Instruction: Melanie's Dance Unlimited



Grades K-3

M July 11-August 8

Session Fee: \$48R \$53NR Field House

Hip Hop Dance

Featuring the most popular urban moves and grooves, class is fun, fast paced and will get your heart pumping! No experience necessary! Instruction: Melanie's Dance Unlimited

6-6:45pm

Ages: 4-7 yrs		Session	7 Fee: \$48R \$53NR
М	July 11-August 8	6:45-7:15pm	Field House
Ages: 8-12 yrs		Session Fee: \$48R \$53NR	
М	July 11-August 8	7:15-7:45pm	Field House

Fishing with Your Kids

Dads. Moms and Grandparents - teach your child(ren) different ways to fish our local Washington waters for salmon. steelhead and sturgeon and learn techniques to make every outdoor opportunity a success. Most methods shown are from a boat, some bank fishing will be covered

Fishermen & women of all ages

Th July 7-28

Tiger Kids Martial Arts

Improve motor skills and coordination while building self-confidence through the use of martial arts and fun games - bag kicking and padded swordsparring! Includes a white belt for first time participants! Instructor: Mitch Mayberry, International Champion, 8th degree Master Instructor.

6-7pm

\$45/pairR \$55/pairNR, \$10/each additional child

Age 5 and Up		\$83R \$88NR plus \$12 AAU Fee	
W	April 13-June 1	4:30-5:10pm	Field House
W	June 22-August 10	4:30-5:10pm	Field House

Acrobats For Kids

Learn gymnastic/martial arts style rolls, cartwheels, backbends, handstands and walkovers and other cool moves. A routine set to music will be learned for an optional show in June, complete with costume! Recommended attire provided at registration.



\$48R \$54NR

Field House

Instructor: Melanie's Dance Unlimited.

4

Acrol	bats I & II		
Age 5	-10		
N	6-6:45pm	July 13-August 10	

Parent's Night Out

There is so much to do in Des Moines including the Summer Jazz and Blues Concert Series at Beach Park. Enjoy a kid free date night!

Ages 5-10		\$25R	\$27NR per day
Friday	July 15	6-10pm	Field House
Wednesday	July 27	6-10pm	Field House
Wednesday	August 10	6-10pm	Field House
Friday	August 26	6-10pm	Field House

Teen Activities

Field House Dances

Teens- kick it at Field House theme dance parties hosted by Des Moines Youth Council. Theme dances parties feature contests concessions and dancing. Leader: Parks and Recreation staff



\$7

Grades 6-8 - student ID required for admission.

June 10 End of Year Luau 7:30-10:00pm Field House

Teen Hip Hop

F

It's never too late to learn to dance! Instructors offer beginning students a program specifically designed for teens that want to dance. We'll whip you into shape, improve your body-tone and technique and teach you how to dance. No experience necessary. Instructor: Melanie's Dance Unlimited

Ages:	12-14	546R 503NR	
M	July 11-August 8	7:45-8:15pm	Field House

Monday Madness

Break up the monotony of your week and jump on board with these awesome trips, geared for teens looking for excitement!

Ages: 11-17

Field House

Sky High Sports	July 18	Time TBD	\$28R \$35NR
Kids Mountain Bike Adventure	August 1	Time TBD	\$28R \$35NR
Rattlesnake Ledge	August 29	11am-4pm	\$20R \$25NR

Lake Chelan Overnighter

Join us on an overnight camping trip and water park adventure! We'll trek out to 25 Mile Creek State Park and join teens from the City of Shoreline for a fun camping adventure. We will cook our own meals, play capture the flag, make s'mores and spend a day at Slide Waters Water Park in Chelan.

Age 11-	17		\$125R \$138NR
M-W	August 15-17	Depart 2pm/Return 12pm	Return Wednesday

Teens check out Page 3 for more summer opportunities!

Youth Sailing Program

A sailing program designed for kids with little to no sailing experience. The course combines on-the-water experience with dock-side activities and training covering safety on the water, sailing basics, sailing nomenclature, wind awareness, rigging, rules of the road and sailing etiquette. Classes will be held at the Des Moines Marina with the on-water instruction taking place just west of the main breakwater. Instructors



accompany students in the sailboat and with a chase boat. There are typically 8 to 12 students per session. Priority is on safety, fun and learning. Scholarships are available please contact our office. If you are currently enrolled with the K2 summer camp the sailing program is \$25 per session.

Ages 12-18

Ages 1	12-18		\$130R \$140NR
M-F	August 1-5	1-4pm	Des Moines Marina Office
M-F	August 8-12	1-4pm	Des Moines Marina Office
M-F	August 15-19	5-8pm	Des Moines Marina Office
M-F	August 22-26	1-4pm	Des Moines Marina Office
M-F	August 29- September 2	1-4pm	Des Moines Marina Office

Pee Wee Tennis

A fun and rewarding introduction to the game of tennis with the emphasis on introducing serves and ground strokes. The children will love their first tennis experience and want to continue playing.

Ages 4-5 vrs

1900 1	0 10		woon wronn
M/W	July 11-August 3	5:45-6:15pm	Field House Courts
M/W	August 8-August 31	5:45-6:15pm	Field House Courts
M/W	July 11-August 3	6:15-6:45pm	Field House Courts
M/W	August 8-August 31	6:15-6:45pm	Field House Courts
T/Th	July 12-August 4	5-5:30pm	Field House Courts
T/Th	August 9-September 1	5-5:30pm	Field House Courts
T/Th	July 12-August 4	7:15-7:45pm	Field House Courts
T/Th	August 9-September 1	7:15-7:45pm	Field House Courts
Ages 6	-8 yrs		\$57R \$62NR
M/W	July 11-August 3	5-5:45pm	Field House Courts
M/W	August 8-August 31	5-5:45pm	Field House Courts
M/W	July 11-August 3	6:45-7:30pm	Field House Courts
M/W	August 8-August 31	6:45-7:30pm	Field House Courts
T/Th	July 12-August 4	5:30-6:15pm	Field House Courts
T/Th	August 9-September 1	5:30-6:15pm	Field House Courts

Tennis for the Beginner

An introduction to tennis for players with little or no tennis experience. Emphasis is on serve, backhand, and foreground strokes in a small class setting.

Ages 13-Adult

July 12-August 4 T/Th T/Th August 9-September 1 6:15-7:15pm

6:15-7:15pm

\$76R \$81NR

\$38R \$43NR

Field House Courts Field House Courts



Recreation: 206-870-6527

Senior Services: 206-878-1642

Toddler/Preschool Activities

Pre-School Playhouse

Preschool Playhouse strives to foster the development of the young child through attention to their social, intellectual, and physical needs, integrating these aspects of learning throughout the program. We offer all of the necessary components for a positive experience for your child in a safe and structured environment to explore, socialize, and share. The emphasis is on the fundamental skills including numbers, letters, colors, reading and writing. We believe that positive teaching promotes positive and exciting learning in students. Please note: students must be potty trained. Des Moines Parks and Recreation offers Preschool Playhouse only during the school year. Registration for the 2011-12 school year begins on August 1.

T/Th	May 10-June 2	10am-12pm	\$70R \$75NR
T/Th	June 7-June 23	10am-12pm	\$55R \$60NR
Option	s of 2+ days per week w	ill be available for the 20	11-12 school year.

Mini Kickers

Start soccer off right with an introduction to warming-up, stretching, dribbling, passing, shooting and defensive work. It's a great



opportunity for kids to meet other kids from the community. Facilitators: Staff

Age 3-	·0		\$30K \$35NK
M-F	June 20-24	5:30-6:30pm	Field House
M-F	August 22-26	10-11am	Field House

Preschool Camp

Offering fun for little ones and a welcome break for parents. The focus is on developing social and creative skills, opportunities of exploration and physical and cognitive development through games, activities, music, drama and storytelling. Children must be potty trained.

Ages 3-5 M-F

9-11:30am

Week	Dates	Themes
1	July 11-15	Making Friends
2	July 18-22	My 5 Senses
3	July 25-29	Seussical
4	August 1-5	Let's Paint
5	August 8-12	Insect Explorations
6	August 15-19	Messy Masterpieces
7	August 22-26	Ocean Pals
8	August 29-Sept. 2	Camping Adventures

Playball Summer Camp

Summer is a time for running, jumping and having fun! Find all of this in a safe, structured, creative environment. Playball introduces boys and girls of all abilities to a wide variety of sports, teaching the basic skills used in football, baseball, basketball, soccer, tennis, volleyball and hockey. Camp is built around Playball curriculum.

\$95R \$110RN Ages 3-5 M-W July 11-13 9-11:30am Location provided at registration



\$85R \$89NR

Youth Sports

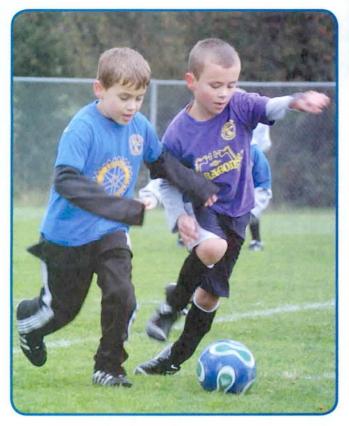


Leagues

Fall Youth Recreation Soccer League

Registration starts on June 1 and closes September 1. U-5 co-ed 3-5, U-7 co-ed 6-7, U-9 boys 8-9, U-9 girls 8-9 *Birth certificates required. August 23-October 31 Des \$60R \$65NR June 1-30 \$65R \$70NR July 1-29 \$75R \$80NR July 30-September 1

Des Moines Fields



Tee-Ball / Coach-Pitch Coed Leagues

Get out the leather glove, swing the aluminum bat and enjoy team building and social interaction! Focus is on developing hand-eye coordination through hitting, fielding, throwing, and catching properly. Playing field and rules are modified to fit participant age and skill levels.

Age 3-5 Tee-ball	\$75R \$80NR June 1 - July 31
Age 6-8 Coach-pitch	Des Moines Area Fields

Coaches Take Note:

Fall Soccer Coaches Meeting	August 11	6pm	Field House
Coach Pitch Coach Meeting	May 17	6pm	Field House
Tee Ball Coed Coach Meeting	May 17	6pm	Field House

For information about coaching, sponsorship and scholarship opportunities please contact our office at 206-870-6527.

Sports Camps



Rugby Nation USA Camp

Rugby is played by 4.4 million people in over 100 countries across 6 continents and 200,000 of these players are female! Flag Rugby is a basic, non-contact, flag version of the game for both boys and girls. Flag Rugby is designed to give players a fun, safe and enjoyable sporting experience. Why not join the fun - try Flag Rugby now!

Ages 7-12			\$95R \$110NR
M-W	July 11-13	2-4pm	Location provided at registration

UK International Soccer

UK International Soccer Camp is back for 2-exciting camps. Coaching: UK professional coaches.

Age 4 - 14\$92/half-dayAge 8 - 14\$153/full dayWeek 1July 11-15Week 2August 1-6Interested in hosting a UK Coachfor the week? Contact Ralph at206.870.6586, emailstewart.boniface@uksocca.com orcheck out UK Soccer at www.uksocca.com for details.



Diamond Skills Baseball Camp

Professional instruction at recreation prices. Individual skills and drills as well as game situations and contests like Camp Olympics from enthusiastic coaches. Instructors: Supervisor, Darren Rawie, Head Varsity Coach, Mt. Rainier High School, Hal DeBerry, Head Varsity Coach, Newport High School.

Age 7-11 Years \$150R \$170NR

M-Th July 25-28 9am-12pm Age 12-15 Years M-Th July 25-28 1pm-4pm Group discounts and scholarships available.

Mt. Rainier High Baseball Fielc

Mt. Rainier High Baseball Field

REC n' ROLL Summer Comps







KHAOS Camps

Monday – Friday | 6:30am-6:00pm Field House

Participants receive a Camp KHAOS T-shirt! KHAOS Summer 2011 Registration Fee: \$25R \$30NR

Add \$10 per week of camp when payment is received less than one-week in advance. Enrolling more than one child per family? Call 206-870-6527 for discount information!

Weekly sessions begin June 21 and end September 2.

Camp KHAOS & K2 weekly schedules available May 13, 2011 @ www.desmoineswa.gov/recreation

Camp KHAOS

Age 5-11

Our energetic and dedicated staff introduces your child to a sizzling summer filled with fun interactive activities that will spark their imagination and fill their day. Expect age appropriate activities such as arts and crafts, games, swimming, outdoor activities and a chance to make new friends all designed around the weekly theme.

K2 Teens

K2 blends teamwork, age-appropriate activities and crafts with exciting weekly adventures to ensure your teen's summer is packed with high-energy! Weekly themes will include many age appropriate adventures such as disc golf, beachcombing and ball games. Age 12-15

K2 Late Night

Having so much fun in K2 you don't want the fun to end? K2 participants only are eligible to join us for some late night fun over dinner, games and more!

Ages 12-15 &	enrolled in K2
Wednesday	July 20
Friday	August 5
Friday	August 19

6-10pm 6-10pm 6-10pm

\$25R \$27NR per day Field House Field House Field House





Youth Scholarships Available for Des Moines Youth! Please call 206-878-6527 for information. Funding Support provided by Des Moines Legacy Foundation and Des Moines Rotary.

Week	Dates	Themes	Weekly Highlights
0*	June 21-24	Animal Adventures	Lions, Tigers & Bears, oh my!
1*	June 27-July 1	Sail Into Summer	"School is out and it's time to play!"
2*	July 5-8	Gardening Galore	Connect with nature & get your hands dirty!
3	July 11-15	Top Chef	Friendly food competition planned, created & made by YOU!
4	July 18-22	Super Science	Let's experiment - chemical reactions, egg drop, & observation skills.
5	July 25-29	Sports Extravaganza	Have a ball trying your skills at a variety of sports!
6	August 1-5	Wheels, Wings & Flying Things	Explore things that fly & roll along on wheels.
7	August 8-12	Summer Showcase	Gear up arts and acts for our talent &art showcase.
8	August 15-19	EcoAdventures	Explore lowtide, create recycle-art & make a difference.
9	August 22-26	Global Games	Games from the past & around the world.
10**	August 19-Sept 2	Wet, Wild & Wacky	Water games and wacky fun!

Recreation: 206-870-6527 Senior Services: 206-878-1642





Look What We Have For You! Facilities & Fields 2,12RR Summer Camps 3-4RR Sports & Camps 5RR Toddler-Teens 5-6RR Adult Activities, Fitness, Sports 7-8RR Senior Activities 9-10RR Special Events 9-10RR Special Events 9-9C, 12-13RR Registration Info 11 See reverse for City Currents Information



Des Moines Parks, Recreation and Senior Services Team (L-R):Patrice Thorell, Rebecca Hall, Sue Anderson, Charisse Gregory, Ralph Thomas, Cassie Swan, Bonnie Wilkins, Annette Chomica, Sue Padden and Abbie Nielsen.

Creating Community through People, Parks and Programs

Your Parks, Recreation and Senior Services staff, Des Moines Arts Commission, program partners and volunteers proudly invite you to join us in active play and celebrations this summer!

The Rec & Roll Quide is filled with activities to be enjoyed individually or as a family. We hope you will take advantage of the many ways to get active such as: youth and teen camps and adventures, tennis lessons, senior outings and trips, fitness classes and even sailing lessons! Don't forget volunteerism is another great way you can participate.

There is no reason to hear "I'm bored" ... On Saturday, May 28, 2011, the City dedicates its first community garden and orchard, Daisy's Garden located at Sonju Park. Looking for more family-friendly community activities and events this summer? The award winning Des Moines Farmers Market opens June 4, Fireworks over Des Moines shoots off on the 4th of July and the Waterland Parade marches down Marine View Drive on July 23.

In the mood for music? Enjoy free Summer Concerts on Wednesday evenings at Beach Park from July 20 to August 10, Shakespeare in the Park on Saturday, July 30 and the annual Flute Festival takes place the weekend of August 19-21. For a complete list of summer events see page CC-9.

Major creek modifications to reduce flooding and save our much loved Beach Park National Historic District (formerly known as Covenant Beach Bible Camp) take place between July 1 and the end of August. Parking areas beyond the vehicle bridge will be closed during that time. However, there is plenty of parking at the Marina and you may walk or ride your bike into the park and access the beautiful Des Moines Creek Trail! Please join us for the grand opening of the newly renovated historic Beach Park Auditorium and a celebration of our community heritage on September 17, 2011. For more details see page 12-RR.

We look forward to seeing you as well as hearing your thoughts on how we can improve your experiences at Des Moines Parks, Recreation and Senior Services department programs this summer!

Sincerely,

Patrice Thorell

Host your Special Event in our facility!

Des Moines Facilities highlight the breathtaking beauty of the Northwest offering the perfect setting for wedding, banquets and other community events.

Indoor Facilities- Up to 500 Guests: Beach Park Auditorium Booking now for September 2011 & beyond. Up to 225 guests:

Des Moines Field House

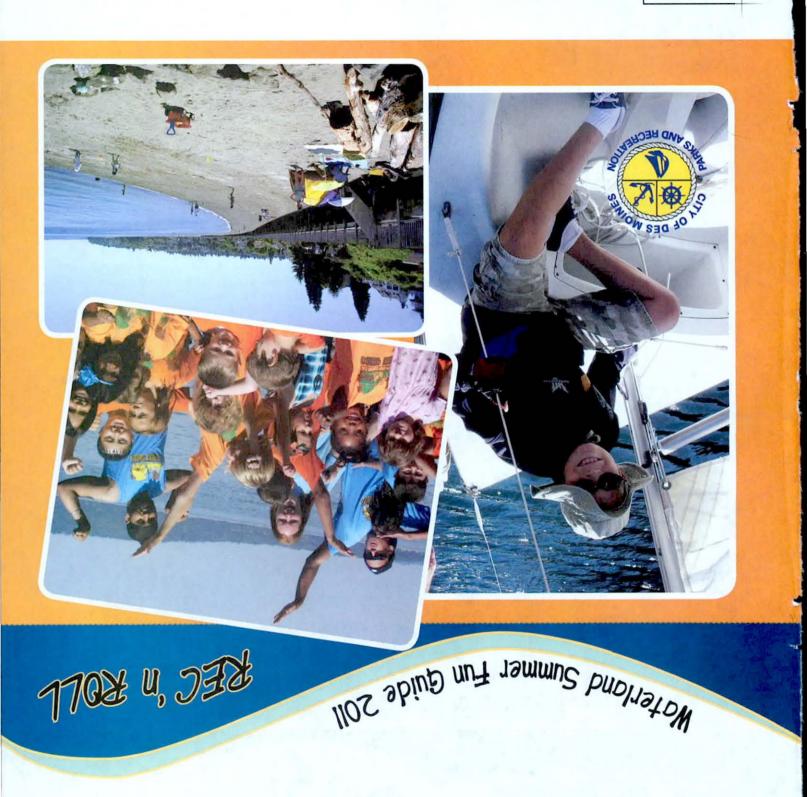
Up to 125 guests: Des Moines Activity Center with Mary's Patio Garden

Up to 60 guests: Founder's Lodge & Des Moines Field House Studio



City of Des Moines Parks, Recreation and Senior Services www.desmoineswa.gov

Des Moines Parks, Recreation & Senior Services



City of Des Moines 21630 11th Ave. S., Suite A Des Moines, WA 98198-6398

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